

Chocolate Dipped Pina Colada Bites

Gluten Free

Ingredients:

- 1 C of Frozen Pineapple Chunks
- 1 C of Full Fat Greek Yogurt
- 2 Tbsps. of Agave
- 1/2 C of Shredded Coconut Flakes
- 1 C of Melted Chocolate (dairy or non dairy)
- 1 Tbsp. of Coconut Oil

Steps for Cooking:

- 1 In a large mixing bowl, add the frozen pineapple, greek yogurt, agave and shredded coconut flakes. Mix together.
- 2 Line a baking pan with parchment paper. Drop the yogurt mixture into dollops on the parchment paper using a spoon. Place the pan in the freezer to let the yogurt set.
- 3 While the yogurt is setting, melt the chocolate and coconut oil. Drop the yogurt dollops into the chocolate and cover. Let the chocolate harden by placing back in the freezer. Enjoy!



Notes

If you do not want to use pineapple, you can also use frozen strawberries, blueberries, peaches, really anything you prefer. They all would be great with coconut.

You can use any sweetener of choice to sweeten the plain greek yogurt.

If you want to make this recipe dairy free, try out a coconut milk yogurt!